AMPUTEE MOBILITY PREDICTOR

Name:	Date:
Address:	Post Code:
Gender: ☐ Female ☐ Male DOB:	Age:
Amputation:	
Date of Amputation:	
Amputation Level:	
Cause of Amputation:	
Condition of Contralateral Limb:	
Medical History:	
Prosthesis Description:	
Socket: -	
Suspension -	
• Foot-	
Components -	
Initial Fitting of Prosthesis:	
Rehab. Goals / Mobility Expectations:	

AMPUTEE MOBILITY PREDICTOR ASSESSMENT TOOL

<u>Initial instructions:</u> Client is seated in a hard chair with arms. The following manoeuvres are tested with or without the use of the prosthesis. Advise the person of each task or group of tasks prior to performance. Please avoid unnecessary chatter throughout the test. Safety First, no task should be performed if either the tester or client is uncertain of a safe outcome.

The Right Limb is: 🗖 PF 🗖 T	Г □ KD □ TF □ HD □ intact
The Left Limb is: PF TT	OKD OTF OHD ointact

			
1. Sitting Balance: Sit forward in a chair with arms folded across chest for 60s.	Cannot sit upright independently for 60s Can sit upright independently for 60s	= 0 = 1	·
2. Sitting reach: Reach forwards and grasp the ruler. (Tester holds ruler 12in beyond extended arms midline to the sternum)	Does not attempt Cannot grasp or requires arm support Reaches forward and successfully grasps item.	= 0 = 1 = 2	
3. Chair to chair transfer: 2 chairs at 90°. Pt. may choose direction and use their upper limbs.	Cannot do or requires physical assistance Performs independently, but appears unsteady Performs independently, appears to be steady and safe	= 0 = 1 = 2	
4. Arises from a chair: Ask pt. to fold arms across chest and stand. If unable, use arms or assistive device.	Unable without help (physical assistance) Able, uses arms/assist device to help Able, without using arms	= 0 = 1 = 2	
5. Attempts to arise from a chair: (stopwatch ready) If attempt in no. 4. was without arms then ignore and allow another attempt without penalty.	Unable without help (physical assistance) Able requires >1 attempt Able to rise one attempt	= 0 = 1 = 2	
6. Immediate Standing Balance: (first 5s) Begin timing immediately.	Unsteady (staggers, moves foot, sways) Steady using walking aid or other support Steady without walker or other support	= 0 = 1 = 2	
7. Standing Balance (30s): (stopwatch ready) For item no.'s 7 & 8, first attempt is without assistive device. If support is required allow after first attempt	Unsteady Steady but uses walking aid or other support Standing without support	= 0 = 1 = 2	
8. Single limb standing balance: (stopwatch ready) Time the duration of single limb standing on both the sound and prosthetic limb up to 30s. Grade the quality, not the time.	Non-prosthetic side Unsteady Steady but uses walking aid or other support for 30s Single-limb standing without support for 30s	= 0 = 1 = 2	
Eliminate item 8 for AMPnoPRO Sound side seconds	Prosthetic Side Unsteady Steady but uses walking aid or other support for 30s Single-limb standing without support for 30s	= 0 = 1 = 2	
Prosthetic side seconds 9. Standing reach: Reach forward and grasp the ruler. (Tester holds ruler 12in beyond extended arm(s) midline to the sternum)	Does not attempt Cannot grasp or requires arm support on assistive device Reaches forward and successfully grasps item no support	= 0 = 1 = 2	
10. Nudge test: With feet as close together as possible, examiner pushes lightly on pt.'s sternum with palm of hand 3 times (toes should rise)	Begins to fall Staggers, grabs, catches self ore uses assistive device Steady	= 0 = 1 = 2	
11. Eyes Closed: (at maximum position #7) If support is required grade as unsteady.	Unsteady or grips assistive device Steady without any use of assistive device	= 0 = 1	

12. Pick up objects off the floor:	Unable to pick up object and return to standing	= 0
Pick up a pencil off the floor placed midline 12in in front of foot.	Performs with some help (table, chair, walking aid etc) Performs independently (without help)	= 1 = 2
13. Sitting down:	· · · · · · · · · · · · · · · · · · ·	1
Ask pt. to fold arms across chest and	Unsafe (misjudged distance, falls into chair)	= 0
sit. If unable, use arm or assistive	Uses arms, assistive device or not a smooth motion	= 1
device.	Safe, smooth motion	= 2
14. Initiation of gait:	Any hesitancy or multiple attempts to start	=0
(immediately after told to "go")	No hesitancy	= 1
15. Step length and height:	a. Swing Foot	Prosthesis Sound
Walk a measured distance of 12ft twice	Does not advance a minimum of 12in = 0	Flostnesis South
(up and back). Four scores are required	Advances a minimum of 12in = 1	
or two scores (a. & b.) for each leg.	I To a City	
"Marked deviation" is defined as extreme substitute movements to avoid	b. Foot Clearance	
clearing the floor.	Foot does not completely clear floor without deviation = 0 Foot completely clears floor without marked deviation = 1	1
16. Step Continuity	Stopping or discontinuity between steps (stop & go gait)	= 0
10. Step Continuity	Steps appear continuous	=1
17. Turning:	Unable to turn, requires intervention to prevent falling	+ = 0
180 degree turn when returning to	Greater than three steps but completes task without	
chair.	intervention	= 1
	No more than three continuous steps with or without assistive	
	aid	= 2
18. Variable cadence:		
Walk a distance of 12ft fast as possible	Unable to vary cadence in a controlled manner	= 0
safely 4 times. (Speeds may vary from	Asymmetrical increase in cadence controlled manner	= 1
slow to fast and fast to slow varying	Symmetrical increase in speed in a controlled manner	= 2
cadence)		
19. Stepping over an obstacle:	Cannot step over the box	= 0
Place a movable box of 4in in height in	Catches foot, interrupts stride	=1
the walking path.	Steps over without interrupting stride	= 2
20. Stairs (must have at least 2 steps): Try to go up and down these stairs	Ascending Unsteady, cannot do	= 0
without holding on to the railing.	One step at a time, or must hold on to railing or device	= 1
Don't hesitate to permit pt. to hold on	Step over step, does not hold onto the railing or device	= 2
to rail. Safety First, if examiner feels	Stop over step, does not note onto the raining of device	
that any risk in involved omit and score	Descending	
as 0.	Unsteady, cannot do	= 0
	One step at a time, or must hold on to railing or device	= 1
	Step over step, does not hold onto the railing or device] = 2
21. Assistive device selection:	Bed bound	=0
Add points for the use of an assistive	Wheelchair / Parallel Bars	= 1
device if used for two or more items. If	Walker	= 2
testing without prosthesis use of	Crutches (axillary or forearm)	= 3
appropriate assistive device is	Cane (straight or quad)	= 4
mandatory.	None	= 5
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	Total Score AMPnoPRO	
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Aboreviation: rr = partial foot; 11	= transtibial; KD = knee disarticulation; TF = transfemoral; HD =	- nip disarticulation
Test: ☐ no prosthesis ☐ with pr	rosthesis Observer: Dat	te:
reser in prostnesse in with pr	Obtilests Observer.	,00
KLE	VEL (converted from AMP score)	
	A THE STATE OF WARRANTE	
AMPnoPRO \square K0 (0-8)	\square K1 (9-20) \square K2 (21-28) \square K3 (29-36)) 🛮 K4 (37-43
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AMPPRO 🛘 Kl (15-	\Box 26) \Box K2 (27-36) \Box K3 (37-42) \Box	K4 (43-47)